



ZAMBEZI

GRANDE



PRIVATE GAME EXPERIENCE



# WELLNESS TREATMENT MENU

Valid from 1 March 2019 - 31 October 2020

Take advantage of our exclusive & luxurious spa treatments, inspired by the pure and natural richness of Mother Earth, that will refresh and revitalise your mind, body and soul. We choose Healing Earth because it identifies with our philosophy of eco-friendliness & sustainability. All our products are chemical-free, the packaging is biodegradable and recyclable, and have not been tested on animals. 100% Healthy and natural, these treatments will protect your skin as much as they protect the environment.

## Signature African Embrace Massage

### African Earth Soul Massage (90min) – \$90

Alleviate stress and indulge yourself. Experience our signature massage with a combination of Calabash and Bamboo massage tools, for an unforgettable full body massage.

## Touch - Massage Therapy

### Healing Full Body (60min/90min) – \$80/\$100

Listen to your body and select a 60 or 90 minute massage ritual that will uplift, de-stress, hydrate and detox.

### Duo Relaxation (60min/90min) – \$125/\$165 (Per couple)

Share a bonding experience with your partner by indulging in a full body couple's massage.

### Back & Scalp Massage (45min) – \$60

Our therapists will work from your upper back to the crown of your head and melt your worries away, making you feel fresh again.

### Traditional Back, Neck & Shoulder Ritual (45min) – \$70

Allow the techniques of ancient therapy to ease muscle tension while encouraging your body to return to its normal, relaxed state. This ritual is ideal for those who need stress removed from their bodies.

### African Revitalising Foot Ritual (45min) – \$70

Reflexology is an ancient healing art, dating back many centuries, that works on the feet to assist in restoring balance to the mind, body and soul. This ancient ritual relieves aches and pains by helping the body reach equilibrium. This ritual incorporates the use of Eucalyptus and Peppermint detoxing circular gel, for a revitalising, fresh feeling.

## Bliss

### Footprint Celebration (60min) – \$50

Melt your stresses away with this special pedicure which will leave your feet feeling relaxed, silky smooth and beautifully moisturised. Our Footprint Celebration treatment incorporates the use of relaxing oils and moisturising Shea butters.

### Handprint Celebration (60min) – \$50

Give your hands a more youthful looking skin that is hydrated, replenished and protected with our unique Handprint Celebration manicure. Spoil yourself with a small but significant indulgence.

*\* Pregnancy safe treatments are available.*

*One of our professionally trained spa staff will gladly customise the ultimate mother-to-be spa package for you.*

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